Do you take ANY of the medicines in the blue box
OR prednisolone?
(If NO – this guidance does not apply to you: follow STANDARD SOCIAL DISTANCING)

Yes

Do you take 20mg or more of prednisolone a day and have done for the last 4 weeks?
OR
One medicine in the blue box AND 5mg or more of prednisolone for the last 4 weeks
OR
Have you received a drug called cyclophosphamide within the last 6 months?
OR
Pulmonary Hypertension

No

How many of the medicines in the blue box do you take?

One

None

Yes

Two OR Prednisolone 5 – 20mg

STRICT SOCIAL DISTANCING
(minimising contact, no outside work, shopping or exercise)

STANDARD SOCIAL DISTANCING
www.gov.uk

Yes

How many of the medicines in the blue box do you take?

Two OR Prednisolone 5 – 20mg

STRICT SOCIAL DISTANCING
(minimising contact, no outside work, shopping or exercise)

STANDARD SOCIAL DISTANCING
www.gov.uk

No

One or None

STANDARD SOCIAL DISTANCING
www.gov.uk

Based on guidelines from British Society for Rheumatology and related medical associations. Approved by the Consultant Rheumatologists at Leeds 2nd April 2020